

FLAWLESS & FEARLESS: TIPS TO ROCK YOUR BOUDOIR SHOOT



Get set for your sizzling boudoir shoot! Here are the must-knows to ensure you absolutely slay and feel like a million bucks:

What to Wear:

- Picking the right lingerie is key! Comfort and the correct size are a must.
- Bring a variety, from skimpy to something with more coverage for that subtle allure.
- Stockings and heels? They elongate those legs and add some variety.
- Gowns and kimonos can bring elegance and drama.

Props & Jewelry:

- Accessories and props can add that extra oomph to your images.
- They're not just for show – they give you something to play with or strike a pose!

Health and Beauty Tips:

- Avoid waxing or threading the day before to dodge redness and swelling.
- Prep your roots and ensure hair is dry and product-free if you're getting it styled on set.
- Get your beauty sleep, skip alcohol, and stay hydrated for that radiant glow.
- Skip the self-tan – it might look orange on camera!

On the Day:

- Stretch it out to warm up, making those poses a breeze.
- Loose clothes before the shoot will prevent skin marks.
- Embrace the jitters – totally normal and adds to the excitement!
- Be YOU, unapologetically! Let your inner vixen shine through.

And remember, I've got your back! I'm here to guide you through the shoot with fun and support, capturing your magic every step of the way.